

# China Gourmet

3970 N Broadway #102  
Boulder, CO 80403  
303-440-3500  
303-440-0999

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## Beverages

### Soft Drinks

Pepsi, Diet Pepsi, Dr. Pepper  
Mountain Dew, Sierra Mist  
Cranberry Juice, Lemonade  
Ice Tea, Raspberry Ice Tea 1.75

### Bottled Beer

Budweiser, Bud Light 3.25  
Michelob 3.25  
Fat Tire 3.95  
Samuel Adams 3.95  
New Castle Brown Ale 3.95  
Sapporo (Japanese) 3.95  
Kirin Ichiban (Japanese) 3.95  
Tsing Tao (Chinese) 3.95

### Wines and Sake

Sutter Home Chardonnay 4.50  
Sutter Home Cabernet 4.50  
Sutter Home White Zinfandel 4.50  
Takara Plum Wine 4.50  
Hot Sake 4.50

## Appetizers

Vegetable Spring Rolls (2) 2.50  
Fried Chicken Wings (8) 4.50  
Scallion Pancakes 4.95  
★Chilled Sesame Noodles 4.95  
Crab Cheese Won Tons (6) 4.95

Pork Dumplings (6) steamed or pan fried	5.25
Seaweed Salad	6.95
Fried Butterfly Shrimp (6)	6.95
BBQ Spare Ribs (6)	8.95
Combination Appetizer 2 veggie spring rolls, 2 chicken wings 2 crab cheese wontons, 2 fried shrimp	7.95

## Soups

	Small	/	Large
Egg Drop Soup	1.75	/	4.50
★Hot and Sour Soup	1.75	/	4.50
Wonton Soup	1.75	/	4.50
Tofu Vegetable Soup	4.95		
Seaweed Vegetable Soup	4.95		
Miso Soup	5.95		
Diced Chicken Corn Soup	5.95		
Combination Wonton Soup	7.95		
Seafood Vegetable Soup	7.95		

## Rice

<b>Steamed White or Brown Rice (pint)</b>	<b>1.00</b>
<b>Egg Fried Rice (pint)</b>	<b>2.00</b>
<b>Vegetable Fried Rice</b> Assorted vegetables stir-fried with eggs and rice	<b>7.25</b>
<b>Chicken, Beef or Pork Fried Rice</b> Eggs, peas, carrots, onions and bean sprouts with your choice of meat	<b>7.25</b>
<b>Shrimp Fried Rice</b> Shrimp, eggs, peas, carrots, onions and bean sprouts	<b>7.95</b>
<b>Combination Fried Rice</b> Shrimp, chicken and pork stir-fried with eggs, peas, carrots, onions and bean sprouts	<b>7.95</b>
<b>Combination Curry Fried Rice</b> Shrimp, chicken and BBQ Pork Stir-fried with rice in curry sauce	<b>7.95</b>

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# Noodles

## Pan- Fried Flour Noodles

Pan- fried flour noodles spread with assorted veggies in house garlic sauce

<b>Veggie</b>	<b>8.95</b>
<b>Chicken, Beef or Pork</b>	<b>9.25</b>
<b>Shrimp</b>	<b>10.95</b>
<b>Seafood</b>	<b>12.95</b>

## Lo Mein Noodles

Stir-fried soft flour noodles

<b>Veggie</b>	<b>7.25</b>
<b>Chicken, Beef or Pork</b>	<b>7.25</b>
<b>Shrimp</b>	<b>7.95</b>
<b>Combo</b>	<b>7.95</b>

## Chow Fun Rice Noodles

Stir-fried rice noodles with red peppers, onions and bean sprouts

<b>Veggie</b>	<b>8.25</b>
<b>Chicken, Beef or Pork</b>	<b>8.95</b>
<b>Shrimp</b>	<b>9.95</b>
<b>Combo</b>	<b>10.25</b>

## Singapore Rice Noodles

Shrimp, chicken and BBQ Pork stir-fried with red peppers, onions and bean sprouts in thin rice noodles and curry sauce

**10.25**

# Healthy Entrees

These entrees are steamed and served with our Master Chef's special sauce on the side. NO SUGAR, SALT, CORNSTARCH OR VEGTABLE OIL is used

<b>Steamed Assorted Vegetables</b>	<b>7.95</b>
<b>Steamed Tofu with Vegetables</b>	<b>7.95</b>
<b>Steamed Chicken with Vegetables</b>	<b>8.25</b>
<b>Steamed Beef with Vegetables</b>	<b>9.25</b>
<b>Steamed Shrimp with Vegetables</b>	<b>9.95</b>
<b>Steamed Fish Filet with Vegetables</b>	<b>10.95</b>
<b>Steamed Sea Scallops with Vegetables</b>	<b>11.95</b>
<b>Steamed Seafood with Vegetables</b>	<b>11.95</b>

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Lunch served Sunday thru Friday 11:30AM to 2:30PM  
Dinner served after 2:30PM  
Lunch includes a choice of rice (white, brown or fried), soup (egg drop, hot & sour or wonton) and appetizer (veggie spring roll or 2 fried chicken wings)

## Vegetables

(Vegetarians: Please request to have chicken stock left out)

<b>Egg Foo Young</b> Seasoned vegetables and egg patties fried, topped with additional veggies in a house garlic sauce	<b>Lunch 6.50 / Dinner 7.95</b>
<b>Vegetarian's Delight</b> Assorted fresh vegetables stir-fried in a white ginger sauce	<b>Lunch 6.50 / Dinner 7.95</b>
<b>Tofu and Vegetables</b> Tofu with assorted fresh vegetables stir-fried in a garlic sauce	<b>Lunch 6.50 / Dinner 7.95</b>
<b>Tempeh and Vegetables</b> Tempeh with assorted fresh vegetables stir-fried in a garlic sauce	<b>Lunch 6.50 / Dinner 7.95</b>
<b>Broccoli and Cashews</b> Fresh broccoli stir-fried with carrots and topped with cashews	<b>Lunch 6.50 / Dinner 7.95</b>
★ <b>Hunan Style Tofu</b> Tofu with assorted vegetables stir-fried with a spicy hot bean sauce	<b>Lunch 6.50 / Dinner 7.95</b>
★ <b>Sesame Tofu</b> Fried tofu cubes tossed in a sweet and spicy sesame seed sauce	<b>Lunch 6.50 / Dinner 7.95</b>
<b>Mu Shu Vegetables</b> Sautéed eggs, cabbage, carrots, onions and wood-ear mushrooms served with 4 flour pancakes (dinner) / 2 flour pancakes (lunch) and hoisin sauce	<b>Lunch 6.50 / Dinner 7.95</b>
<b>Snow Peas, Water chestnuts and Black Mushrooms</b> Fresh snow peas, water chestnuts and black mushrooms stir-fried with a white garlic sauce	<b>Lunch 6.50 / Dinner 7.95</b>
<b>Curry Lover's Delight</b> Mixed vegetables stir-fried with a curry sauce	<b>Lunch 6.50 / Dinner 7.95</b>
<b>Coconut Curry Vegetables</b> Mixed vegetables stir-fried with a coconut curry sauce	<b>Lunch 6.50 / Dinner 7.95</b>
★ <b>Kung Pao Vegetables</b> Mixed vegetables stir-fried with a hot garlic sauce topped with peanuts	<b>Lunch 6.50 / Dinner 7.95</b>
★ <b>Eggplant with Hot Garlic Sauce</b> Eggplant, wood ear mushrooms and bamboo stir-fried in a spicy garlic sauce	<b>Lunch 6.50 / Dinner 7.95</b>
<b>Fresh Bok Choy</b> Bok Choy sautéed with garlic	<b>Dinner 7.95</b>

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# Poultry

- Sweet n' Sour Chicken** **Lunch 6.50 / Dinner 8.25**  
Battered and fried white meat chicken served with pineapples and sweet and sour sauce
- Chicken Egg Foo Young** **Lunch 6.50 / Dinner 8.25**  
Seasoned vegetables and egg patties fried, topped with white meat chicken and additional veggies in a house garlic sauce
- Mushroom Chicken** **Lunch 6.50 / Dinner 8.25**  
Sliced chicken sautéed with mushrooms, snow peas, napa and carrots in a white ginger sauce
- Chicken with Broccoli** **Lunch 6.50 / Dinner 8.25**  
Tender white meat chicken stir-fried with carrots and broccoli
- Chicken with Fresh Vegetables** **Lunch 6.50 / Dinner 8.25**  
Tender white meat chicken stir-fried with mixed veggies in a house garlic sauce
- Cashew Chicken** **Lunch 6.50 / Dinner 8.25**  
Diced chicken stir-fried with celery, water chestnuts and zucchini in a garlic sauce topped with cashews
- Coconut Curry Chicken** **Lunch 6.50 / Dinner 8.25**  
Tender chicken with carrots, onions, green and red peppers cooked in a rich coconut curry sauce
- ★ **Kung Pao Chicken** **Lunch 6.50 / Dinner 8.25**  
Diced chicken stir-fried with celery, water chestnuts, zucchini and green and red peppers in a spicy chili sauce topped with peanuts
- ★ **Szechwan Chicken** **Lunch 6.50 / Dinner 8.25**  
Shredded chicken, celery, carrots, onions and bamboo stir-fried in a spicy Szechwan sauce
- Mu Shu Chicken** **Lunch 6.50 / Dinner 8.25**  
Chicken sautéed with eggs, cabbage, carrots, onions and wood-ear mushrooms served with 4 flour pancakes (dinner) / 2 flour pancakes (lunch) and Hoisin sauce
- ★ **Basil Chicken** **Lunch 6.50 / Dinner 8.25**  
Chicken breast stir-fried bok choy and green and red peppers in a spicy basil sauce
- ★ **Firecracker Chicken** **Lunch 6.50 / Dinner 8.25**  
Tender white meat chicken stir-fried with shredded snow peas, red peppers and jalapeno
- ★ **China Gourmet Chicken** **Lunch 6.50 / Dinner 8.25**  
Diced chicken stir-fried with green peppers, carrots, onions and jalapenos
- Chicken Snow Peas** **Lunch 6.50 / Dinner 8.95**  
Chicken stir-fried with snow peas and carrots in house garlic sauce
- Lemon Chicken** **Lunch 6.50 / Dinner 8.95**  
Chicken breast marinated in lemons, deep fried and served with lemon sauce
- ★ **Orange Chicken** **Lunch 6.50 / Dinner 8.95**  
Crispy chicken chunks stir-fried with sun dried orange peels in a sweet and spicy sauce
- ★ **Sesame Chicken** **Lunch 6.50 / Dinner 8.95**  
Crispy chicken chunks tossed in a sweet and spicy sesame sauce
- ★ **General Tsao's Chicken** **Lunch 6.50 / Dinner 8.95**  
Crispy chicken chunks in a sweet and spicy tomato based sauce with steamed broccoli on the side

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# Pork

- ★**Mongolian Pork** **Lunch 6.50 / Dinner 8.25**  
Pork stir-fried with onions and scallions
- Pork with Vegetables** **Lunch 6.50 / Dinner 8.25**  
Shredded pork with an assortment of mixed veggies stir-fried in house garlic sauce
- Mu Shu Pork** **Lunch 6.50 / Dinner 8.25**  
Pork sautéed with eggs, cabbage, carrots, onions and wood-ear mushrooms served with 4 flour pancakes (dinner) / 2 flour pancakes (lunch) and hoisin sauce
- ★**Twice Cooked Pork** **Lunch 6.50 / Dinner 8.25**  
BBQ pork stir-fried with cabbage, carrots and green peppers in spicy chili sauce
- BBQ Pork with Vegetables** **Lunch 6.50 / Dinner 8.25**  
BBQ pork with mixed vegetables stir-fried in house garlic sauce
- ★**Pork with Hot Garlic Sauce** **Lunch 6.50 / Dinner 8.25**  
Shredded pork with bamboo and wood ear in a hot garlic sauce

# Beef

- Beef with Fresh Vegetables** **Lunch 6.95 / Dinner 9.25**  
Beef with an assortment of fresh vegetables stir-fried in house garlic sauce
- Beef and Broccoli** **Lunch 6.95 / Dinner 9.25**  
Tender marinated beef slices stir-fried with broccoli and carrots
- Green Pepper Beef** **Lunch 6.95 / Dinner 9.25**  
Tender marinated beef slices stir-fried with green peppers, carrots and onions
- ★**Szechwan Beef** **Lunch 6.95 / Dinner 9.25**  
Shredded beef stir-fried with celery, onions, carrots and bamboo strips
- ★**Mongolian Beef** **Lunch 6.95 / Dinner 9.25**  
Beef stir-fried with onions and scallions
- ★**Spicy Mushroom Beef** **Lunch 6.95 / Dinner 9.25**  
Marinated beef slices stir-fried with jalapeños, red peppers and mushrooms
- ★**Kung Pao Beef** **Lunch 6.95 / Dinner 9.25**  
Tender beef slices stir-fried with celery, water chestnuts, zucchini, green and red peppers in a spicy chili sauce topped with peanuts
- ★**Orange Flavored Beef** **Lunch 7.25 / Dinner 9.25**  
Crispy chunks of beef stir-fried with sun dried orange peels in a sweet and spicy sauce
- ★**Sesame Beef** **Lunch 7.25 / Dinner 9.25**  
Crispy chunks of beef tossed in a sweet and spicy sesame sauce
- ★**Hunan Beef** **Lunch 7.25 / Dinner 9.25**  
Crispy chunks of beef stir-fried with green pepper, carrots, onions, snow peas and black mushrooms in a hot bean sauce

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# Seafood

- Sweet n' Sour Shrimp** **Lunch 7.25 / Dinner 9.95**  
Battered and fried jumbo shrimp served with pineapples and sweet and sour sauce
- Cashew Shrimp** **Lunch 7.25 / Dinner 9.95**  
Marinated jumbo shrimp stir-fried with celery, water chestnuts and zucchini in a garlic sauce topped with cashew nuts
- Mu Shu Shrimp** **Lunch 7.25 / Dinner 9.95**  
Shrimp sautéed with eggs, cabbage, carrots, onions and wood-ear mushrooms served with 4 flour pancakes (dinner) / 2 flour pancakes (lunch) and hoisin sauce
- ★**Kung Pao Shrimp** **Lunch 7.25 / Dinner 9.95**  
Shrimp stir-fried with celery, water chestnuts, zucchini, green and red peppers in a spicy chili sauce topped with peanuts
- ★**Shrimp with Hot Mandarin Sauce** **Lunch 7.25 / Dinner 9.95**  
Shrimp stir-fried with green peppers, onions and carrots in a spicy tomato based sauce
- Shrimp with Lobster Sauce** **Lunch 7.25 / Dinner 9.95**  
Jumbo prawns cooked with peas, onions, carrots, snow peas and eggs in lobster sauce
- Shrimp with Fresh Vegetables** **Lunch 7.25 / Dinner 9.95**  
Large shrimp stir-fried with fresh veggies in white ginger sauce
- Coconut Curry Shrimp** **Lunch 7.25 / Dinner 9.95**  
Jumbo shrimp with carrots, onions and green peppers in coconut curry sauce
- ★**Volcano Shrimp** **Lunch 7.25 / Dinner 9.95**  
Crispy jumbo shrimp stir-fried in a firing volcano sauce over a bed of steamed broccoli
- ★**Tangerine Prawns** **Lunch 7.25 / Dinner 9.95**  
Crispy fried shrimp stir-fried with sun dried orange peels and assorted veggies in orange flavored sauce
- Shrimp with Snow Peas** **Lunch 7.25 / Dinner 9.95**  
Sautéed shrimp with snow peas, carrots and water chestnuts in a white ginger sauce
- ★**Hunan Shrimp** **Lunch 7.25 / Dinner 9.95**  
Steamed shrimp stir-fried with green pepper, carrots, onions, snow peas and black mushrooms in a hot bean sauce
- ★**Crispy Garlic Shrimp** **Lunch 7.25 / Dinner 9.95**  
Jumbo shrimp stir-fried with shredded celery, onions, carrots, bamboo and dried whole red chilies
- ★**Sesame Seed Prawns** **Lunch 7.25 / Dinner 10.95**  
Lightly fried jumbo prawns tossed in sweet and spicy sesame sauce over steamed veggies

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- Ginger Scallion Shrimp** **Lunch 7.25 / Dinner 10.95**  
Lightly fried shrimp stir-fried with ginger, scallions and eggs
- ★**Triple Harvest** **Lunch 7.25 / Dinner 10.95**  
Shrimp, chicken and beef stir-fried with onions and scallions
- ★**Happy Family** **Lunch 7.25 / Dinner 10.95**  
BBQ pork, chicken, shrimp and beef stir-fried with hot garlic sauce served over steamed vegetables
- ★**Kung Pao Triple Delight** **Lunch 7.25 / Dinner 10.95**  
Shrimp, chicken and beef stir-fried with celery, water chestnuts, zucchini and green pepper in chili sauce topped with peanuts
- ★**Kung Pao Scallops** **Lunch 7.95 / Dinner 11.95**  
Sea scallops stir-fried with celery, water chestnuts, zucchini, green and red peppers in a spicy chili sauce topped with peanuts
- Black Bean Scallops** **Lunch 7.95 / Dinner 11.95**  
Jumbo Seattle scallops cooked with assorted vegetables in a black bean sauce
- Scallops with Garlic Sauce** **Lunch 7.95 / Dinner 11.95**  
Jumbo Seattle scallops stir-fried with fresh vegetables in garlic sauce
- ★**Hunan Scallops** **Lunch 7.95 / Dinner 11.95**  
Steamed sea scallops stir-fried with green pepper, carrots, onions, snow peas and black mushrooms in a hot bean sauce
- ★**Sesame Seed Scallops** **Lunch 7.95 / Dinner 11.95**  
Lightly fried jumbo prawns tossed in a sweet and spicy sesame sauce over steamed veggies
- Black Bean Fish** **Lunch 7.25 / Dinner 10.95**  
Tender white sole fish cooked with green peppers, onions and carrots in a black bean sauce
- ★**Szechwan Fish** **Lunch 7.25 / Dinner 10.95**  
Tender slices of white sole stir-fried with celery, onions, carrots and bamboo strips
- Fish with Fresh Vegetables** **Lunch 7.25 / Dinner 10.95**  
White sole fish stir-fried with fresh vegetables in garlic sauce
- ★**Fish with Hot Mandarin Sauce** **Lunch 7.25 / Dinner 10.95**  
Steamed white sole fish stir-fried with green pepper, carrots, onions, and water chestnuts in a tomato based sauce
- Ginger Scallion Fish** **Dinner 10.95**  
Steamed white sole fish served over bean sprouts spiced with ginger and scallions

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# Shanghai Specials

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## 冷盤 Cold Dishes

★C-01 麻辣牛筋	Spicy Beef Tendon	6.95
C-02 鹽水鴨	Salty Duck	6.95
C-03 凉拌百叶	Marinated Bean Curd Sheet	6.95

## 湯 Soup

C-04 青菜豆腐湯	Bok Choy and Tofu Soup	6.95
C-05 油豆腐絲湯	Soybean Tofu and Bean Thread Soup	6.95
★C-06 海鮮鮮味湯	Seafood Hot & Sour Soup	7.95
★C-07 西湖牛肉羹	West Lake Style Beef Soup	7.95
C-08 酸菜鴨湯	Chinese Radish and Duck Soup	7.95

## 家常菜 Dinner Entrees

C-09 冬菇白菜	Black Mushroom and Bok Choy with Oyster sauce	8.95
C-10 鍋塌豆腐	Pan Fried Tofu	8.95
★C-11 麻辣茄子	Sautéed Spicy Chinese Eggplant	8.95
C-12 豆腐煲	Tofu and Vegetable Hot Pot	8.95
C-13 茄子煲	Chinese Eggplant Hot Pot (with or without pork)	9.95
★C-14 小辣九層塔雞	Basil Jalapeño Chicken	9.25
★C-15 辣子雞	Hunan Style Chicken	9.25
C-16 三杯雞	Basil Chicken with bone	9.25
★C-17 蒜蓉雞煲	Crispy Garlic Chicken with bone	9.25
C-18 香酥鴨	Crispy Duck	11.95
C-19 沙茶牛肉	Sa-Cha Beef	9.95
★C-20 小辣牛肉	Shredded Beef with Jalapeños	9.95
C-21 時菜蠔油牛	Beef With Oyster Sauce and Bok Choy	9.95
C-22 雙冬牛	Beef With Black Mushroom & Bamboo shoots	9.95
★C-23 螞蟻上樹	Ants Climbing A Tree (Bean Thread with Pork)	8.95
★C-24 麻婆豆腐	Ma Po Tofu (With Pork)	8.95
C-25 百叶肉絲	Shredded Pork with Bean Curd Sheets	8.95
★C-26 魚香肉絲	Shredded Pork with Szechwan Sauce	8.95
C-27 香干肉絲	Shredded Pork with Dry Bean Curd	8.95
C-28 雪菜毛豆肉絲	Shredded Pork with Salty Cabbage & Green Peas	8.95
C-29 京都排骨	Gin Du Pork	9.95
★C-30 椒鹽排骨	Salt & Pepper Pork Chops	9.95
C-31 豆瓣魚	Squid with Black Bean Sauce	10.25
C-32 葱薑魚	Squid with Green Onion & Ginger	10.25
★C-33 宮保魚	Kung Pao Squid	10.25
★C-34 椒鹽魚	Salt & Pepper Squid	10.25
★C-35 乾燒魚塊	Sautéed Fish Chunks With Hot Bean Sauce	11.95
C-36 豆瓣魚片	Sliced Fish In Szechwan Sauce	11.95
C-37 雙冬魚片	Sliced Fish With Black Mushroom & Bamboo	11.95
C-38 西湖醋魚	West Lake Fish	11.95
★C-39 椒鹽蝦	Salt & Pepper Shrimp	13.95
C-40 上海炒蝦	Shanghai Style Shrimp	13.95
C-41 海鮮豆腐煲	Seafood Tofu Hot Pot	14.95
★C-42 椒鹽軟殼蟹	Salt & Pepper Soft Shell Crab	12.95

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